



**Cobram Estate - Classic Flavour
Extra Virgin Olive Oil | 6x375 ml**

- Multi-purpose oil. Moderate bitterness, pungency, with creamy aftertaste.
- Storage: dry, cool & dark place.



**Cobram Estate - Classic Flavour
Extra Virgin Olive Oil | 3x3 ltr**

- Multi-purpose oil. Moderate bitterness, pungency, with creamy aftertaste.
- Storage: dry, cool & dark place.



**Cobram Estate - Light Flavour
Extra Virgin Olive Oil | 6x375 ml**

- Light intensity. Beautiful ripe fruit and apple notes with a distinct sweetness in the palate.
- Storage: dry, cool & dark place.



**Cobram Estate - Robust Flavour
Extra Virgin Olive | 6x375 ml**

- Light intensity. Beautiful ripe fruit and apple notes with a distinct sweetness in the palate.
- Storage: dry, cool & dark place.



Novella - Capers Lacrimella in Wine Vinegar 1,600 ml

- Tender in texture, intense in flavour. Salty and tangy.
- Storage: keep refrigerated once opened.



Novella - Artichokes (Whole) in Oil 1,550 ml

- Artichokes are slightly bitter in flavour with nutty aftertaste.
- Storage: keep refrigerated once opened.



Novella - Cucumber (Gherkins) in Wine Vinegar 1,600 ml

- Tangy gherkins, pickled to perfection in wine vinegar for a delightful crunch in every bite.
- Storage: keep refrigerated once opened.



Novella - Sundried Tomatoes in Oil 1,550 ml

- Sun-kissed tomatoes preserved in flavorful oil for a rich, tangy addition to any dish.
- Storage: keep refrigerated once opened.



Novella - Black Olives (Whole) in Brine 1,600 ml

- Rich, full-bodied black olives with a firm texture.
- Storage: keep refrigerated once opened.



Novella - Stoned (Pitted) Black Olives in Brine 1,550 ml

- Plump, juicy black olives without pits, packed with savory flavor.
- Storage: keep refrigerated once opened.



Novella - Green (Giant) Olives in Brine 1,600 ml

- Savory and plump green olives preserved in brine.
- Storage: keep refrigerated once opened.



Novella - Pitted Green Olives in Brine 1,550 ml

- Pitted green olives preserved in brine for a salty and tangy taste.
- Storage: keep refrigerated once opened.



**La Torrente - Peeled Tomatoes
6 x 2,5 kg**

- Peeled Italian tomatoes immersed in their own natural juice.
- Storage: dry, cool & dark place. Once opened, keep refrigerated at +4°C and consume within 3 days.



**La Torrente - Peeled Tomatoes
24 x 400 gr**

- Peeled Italian tomatoes immersed in their own natural juice.
- Storage: dry, cool & dark place. Once opened, keep refrigerated at +4°C and consume within 3 days.



KSHEER - Gouda Cheese **2,5-3,5 Kg**

- Firm cow's milk cheese with a mild, slightly salty flavour and an elastic structure.
- Storage: Chilled (0°C - 4°C).



KSHEER - Swiss / Emmenthal **Cheese 2,5-3,5 Kg**

- Pale-yellow interior with marble-sized holes. Mildly nutty, sweet flavour with a firm, silky texture.
- Storage: Chilled (0°C - 4°C).



Vilux - Dijon Mustard
1 Kg

- Gives your dish a strong punch of mustard flavour and aroma.
- Storage: dry, cool (18°C) & dark place.



Vilux - Dijon Mustard
6x200 Gr

- Gives your dish a strong punch of mustard flavour and aroma.
- Storage: dry, cool (18°C) & dark place.



Vilux - Whole Grain Mustard
1 Kg

- Wholegrain mustard with mild mustard flavour.
- Storage: dry, cool (18°C) & dark place.



Vilux - Whole Grain Mustard
6x200 Gr

- Wholegrain mustard with mild mustard flavour.
- Storage: dry, cool (18°C) & dark place.



Vilux - Apple Cider Vinegar
2x5 Ltr | 6x1 Ltr

- Made from fermented apple juice. Tangy and versatile vinegar with various health benefits.
- Storage: dry, cool & dark place.



Vilux - Balsamic Vinegar
2x5 Ltr

- Rich, sweet and tart vinegar made from cooked grape must, aged to perfection.
- Storage: dry, cool & dark place.



Vilux - White Wine Vinegar
2x5 Ltr

- Fermented white wine. Mild, tangy and slightly acidic vinegar with a hint of fruitiness.
- Storage: dry, cool & dark place.



Vilux - Red Wine Vinegar
2x5 Ltr

- Sharp, acidic vinegar made from red wine, ideal for dressings and marinades.
- Storage: dry, cool & dark place.



Vilux - Capers Les Epices
6x60 Gr

- Small, flavorful buds preserved in vinegar, adding a burst of Mediterranean flavour.
- Storage: keep refrigerated once opened.



Vilux - Cornichons
6x350 Gr

- Tarty in flavour with mild sweetness. Perfect pair for rich & salty dishes.
- Storage: keep refrigerated once opened.



Parmigiano Reggiano **Kg | 35 - 40 Kg**

- Also known as parmesan, Parmigiano Reggiano is aged for at least 18 months. It's known for its crumbly texture & umami savoury flavour.
- Storage: Chilled (0°C - 5°C).



Italian Grana Padano Cheese **2 - 3 Kg | 35 - 40 Kg**

- This fragrant cheese is aged for 12 months. Very savoury in flavour with a sweet-salty aftertaste. It's also dry and crumbly in texture.
- Storage: Chilled (0°C - 5°C).



Bone-In Lamb Leg Chump Off
2,3 - 3 Kg

- A cut from the hindquarter of the lamb without the chump. Great for roasting.
- Storage: Frozen (-20°C).



Bone-In Lamb Rack CFO
900 gr - 1 Kg

- Lamb French Rack with the cap trimmed off, resulted in less fat layer.
- Storage: Frozen (-20°C).



Bone-In Lamb Foreshank
400 - 500 Gr

- A tough cut from the front legs of a lamb. This cut will become tender and juicy with slow cooking.
- Storage: Frozen (-20°C).



Boneless Lamb Leg
1,7 - 2,7 Kg

- A lean and versatile cut from the hindquarter of the lamb, which has been removed from the bone.
- Storage: Frozen (-20°C).



Boneless Lamb Oyster Cut
Shoulder 1,3 - 2 Kg

- The oyster cut is a small muscle with an oval shape that can be found close to the shoulder blade of a lamb.
- Storage: Frozen (-20°C).

FROZEN MINCED MEAT



Minced Beef

1 Kg

- Frozen minced beef made of Australian Beef. Ready for kitchen uses for many menu applications.
- Storage: Frozen (-20°C).



Minced Lamb

1 Kg

- Frozen minced lamb made of Australian Lamb. Use it for patties, kofta, fritters, and many more.
- Storage: Frozen (-20°C).

FROZEN FRUIT



IQF - Blueberries
3 x 1 Kg dan 13,6 Kg

- Blueberries are naturally sweet, delightful and refreshing. Perfect for jams, desserts and beverages.
- Storage: keep frozen (-18°C).



IQF - Cranberries
3 x 1 Kg dan 18,14 Kg

- Tart and tangy with a slight bitterness that adds complexity to your dish.
- Storage: keep frozen (-18°C).



IQF Mixed Berries
3 x 1 Kg dan 10 Kg

- A blend of ripe frozen strawberries, blueberries, raspberries, and blackberries.
- Storage: keep frozen (-18°C).



IQF Raspberries
3 x 1 Kg dan 4 x 2,5kg

- Bold and bright flavour with a kick of tart and tanginess.
- Storage: keep frozen (-18°C).



IQF Blackberries
3 x 1 Kg dan 10 Kg

- Picked when they're ripen. Blackberries are juicy, sweet and sour in taste.
- Storage: keep frozen (-18°C).



IQF Strawberries
3 x 1 Kg dan 10 Kg

- Nicely sweet and tart strawberries in frozen form, high in vitamin C.
- Storage: keep frozen (-18°C).



Frozen Acai Berries Puree
5 Kg

- Ready-to-use. Rich, creamy, and highly nutritious ingredient that's packed with antioxidants.
- Storage: keep frozen (-18°C).



Passion Fruit Puree (Without Seeds) | 6 Kg & 1 Kg

- Natural & refreshing frozen passion fruit puree that is ready to use.
- Storage: keep frozen (-18°C).



Tatua - Pouch MASCARPONE Cheese 1 Kg

- Spreadable velvety soft cream cheese with rich and creamy flavour.
- Storage: Chilled (0°C - 4°C).



Tatua - Pouch Mascarpone Cheese 6 x 500 gr

- Spreadable velvety soft cream cheese with rich and creamy flavour.
- Storage: Chilled (0°C - 4°C)..



Tatua - Pouch SOUR CREAM 1 Ltr

- A cultured soft and creamy long-life sour cream with a delicious tangy flavour.
- Storage: Chilled (0°C - 4°C).



Tatua - Pouch Sour Cream 6 x 500 gr

- A cultured soft and creamy long-life sour cream with a delicious tangy flavour.
- Storage: Chilled (0°C - 4°C)..



Tatua - Whipping Cooking Cream CULINARY 1 Ltr

- Has a high overrun of between 100%-120%. Suitable for cooking, pastry and baking.
- Storage: Chilled (0°C - 4°C).



Tatua - Whipping Cream 36% For PASTRY 1 Ltr

- Has 36% milkfat with overrun up to 150%. Perfect for bakery, pastry and cafe applications.
- Storage: Chilled (0°C - 4°C).



Mozzarella Cheese Block 2.5 Kg | 2 x 10 Kg

- Fresh, milky flavour with soft & stretchy texture once melted.
- Storage: Chilled (0°C - 4°C) or Frozen.



Shredded Mozzarella Cheese 2.5 Kg

- Same texture and flavour but more convenient. Ready-to-use.
- Storage: Chilled (0°C - 4°C) or Frozen.



Danish White Cheese (Feta) Kg

- Crumbly texture with distinct flavour; salty and slightly sour.
- Storage: Chilled (max. 5°C), do not freeze.



Dairymont - Coloured Cheddar Cheese Burger Sliced 84's | 1 Kg

- Savory, buttery, and melts beautifully with a mild tang and appetizing deep yellow colour.
- Storage: Chilled (0°C - 4°C).



Unsalted Butter Kg | 25 Kg

- It's the common plain unsalted & uncultured butter, perfect for cooking & baking.
- Storage: Chilled (0°C - 4°C).



Cream Cheese Kg

- Soft, smooth & creamy cheese that is mild-tasting, made from milk & cream.
- Storage: Chilled (0°C - 4°C) or Frozen (below 0°C).



HILMAR - PF White Cheddar Cheese Block | Kg

- Pale yellow cheddar cheese block, with mild flavor and firm texture. It melts nicely whether it's sliced or shredded.
- Storage: Chilled (0°C - 4°C).



HILMAR - Colored Cheddar Cheese | Kg

- Savory, deep yellow cheese with firm texture. It can be sliced or shredded, perfect for burgers or sandwiches.
- Storage: Chilled (0°C - 4°C).



HILMAR - Colby-Monterey Jack Kg

- Firm cheese with yellow-marbled appearance. It has mild & slightly buttery flavor and melts easily. Perfect for grilled cheese.
- Storage: Chilled (0°C - 4°C) or Frozen (below 0°C).



HILMAR - Monterey Jack with Jalapeno Pepper | Kg

- Firm & subtle cheese with a kick of flavor from jalapeno pieces.
- Storage: Chilled (0°C - 4°C) or Frozen (below 0°C).



Sustainable Wheat Semolina Flour 12.5 Kg

- Perfect for pizza bases and pastas. It can also be a substitute recipe that calls for plain flour, great for your home-baked goods, from breads, cakes, muffins, to biscuits.
- Storage: Store in an airtight container, in a cool, dark, and odourless place or in the fridge to maintain optimum freshness.
- Shelf Life: up to 12 months after production date.

Sustainable Stoneground White Bakers Flour 12.5 Kg

- Produced by stone-milling prime hard wheat, resulting in beige coloured flour with fine brans. It has a high protein content of at least 12%, which can help forming more gluten in the dough. This can make your baked bread firmer and chewier.
- Storage: Store in an airtight container, in a cool and dark place or in the fridge to maintain optimum freshness.
- Shelf Life: up to 6 months (room temperature) and 1 year (fridge).

Sustainable Wholewheat Bakers Flour 12.5 Kg

- This flour is produced by stone milling, giving it a stronger flavour and retaining more nutrients. It contains 12% protein with 10-14% moisture level. Usually used for sourdough, breads, pizza bases and any other baked goods.
- Storage: Store in an airtight container, in a cool and dark place or in the fridge to maintain optimum freshness.
- Shelf Life: up to 3 months (room temperature) and 1 year (fridge).

Sustainable Premium White Bakers Flour 12.5 Kg

- It is roller milled with all the bran removed, resulting in premium white baker's flour. It has a light cereal flavour and contains 10-14% moisture level with at least 12% protein, making it perfect for bread, pizza bases, pasta, and any other baked goods.
- Storage: Store in an airtight container, in a cool and dark place or in the fridge to maintain optimum freshness.
- Shelf Life: up to 6 months (room temperature) and 1 year (fridge).

Premium Wholewheat Bakers Flour 12.5 Kg

- A versatile all-purpose flour that contains 100% whole grains. It's roller milled for a finer and more subtle flavour. It has a high protein level (over 12%), perfect for successful bread baking.
- Storage: Store in an airtight container, in a cool and dark place or in the fridge to maintain optimum freshness.
- Shelf Life: up to 6 months (room temperature) and 1 year (fridge).

Sustainable Plain White Flour 12.5 Kg

- Commonly known as all-purpose flour. Has a moderate level of protein content, usually around 9-11%. Can be used for any recipes, usually for cakes, pastries and biscuits.
- Storage: Store in an airtight container, in a cool and dark place or in the fridge to maintain optimum freshness.
- Shelf Life: up to 6 months (room temperature) and 1 year (fridge).



Sustainable Premium White Bakers High Protein Flour 12.5 Kg

- It is milled from hard grain wheat and has a protein content over 12.8%. High protein flour helps create a stronger gluten. That's why it is most suited for breadmaking.
- Storage: Store in an airtight container, in a cool and dark place or in the fridge to maintain optimum freshness.
- Shelf Life: up to 6 months (room temperature) and 1 year (fridge).

Sustainable Unbleached White Spelt Flour 12.5 Kg

- This stoneground, unrefined spelt flour contains fine brans, high minerals, amino acids and protein. It has a lighter and nuttier taste and can be used in any recipe as a substitute to regular flour with stronger flavour. Protein: 12%.
- Storage: Store in an airtight container, in a cool and dark place or in the fridge to maintain optimum freshness.
- Shelf Life: up to 6 months (room temperature) and 1 year (fridge).

Sustainable Stoneground Whole Spelt Flour 12.5 Kg

- Spelt is an ancient grain that is similar to regular wheat. It can be a substitute for an all-purpose flour, with a better tasting flavour & texture (stone-milled). It has a slightly sour and salty notes. It's high in gluten (12% protein) and fibre.
- Storage: Store in an airtight container, in a cool and dark place or in the fridge to maintain optimum freshness.
- Shelf Life: up to 6 months (room temperature) and 1 year (fridge).

Sustainable Premium White Spelt Flour 12.5 Kg

- High quality part of the spelt grain is selected to be roller milled into a fine flour. The bran then sifted off to create a whiter and lighter texture. This flour can be used to replace all-purpose flour in any recipe. Protein: 12%.
- Storage: Store in an airtight container, in a cool and dark place or in the fridge to maintain optimum freshness.
- Shelf Life: up to 6 months (room temperature) and 1 year (fridge).

Sustainable Premium Whole Spelt Flour 12.5 Kg

- Using a selected premium part of the spelt grain. It is ground by steel fluted rollers (roller milled) into a fine flour. The bran is not sifted off for Premium Whole Spelt Flour.
- Storage: Store in an airtight container, in a cool and dark place or in the fridge to maintain optimum freshness.
- Shelf Life: up to 6 months (room temperature) and 1 year (fridge).



Sustainable Stoneground Whole Rye Flour 12.5 Kg

- Whole rye meal contains all of the bran, germ and endosperm of the original rye kernel. It gives more texture, and flavour to your recipe. It gives a nice dark brown colour to your artisanal breads. Has lower gluten level than wheat flour.
- Storage: Store in an airtight container, in a cool and dark place or in the fridge to maintain optimum freshness.
- Shelf Life: up to 6 months (room temperature) and 1 year (fridge).

Sustainable Stoneground Wholewheat Heritage Flour 12.5 Kg

- Stone-grounded heritage wheat, containing the endosperm, bran and germ. It has 12% protein level with a unique flavour notes and excellent baking properties. Usually used for bread and any other baked goods.
- Storage: Store in an airtight container, in a cool and dark place or in the freezer to extend its freshness.
- Shelf Life: up to 6 months (room temperature) and 1 year (fridge).

Sustainable Light Sift Rye Flour 12.5 Kg

- The rye kernel is ground whole and then run through an extra screen to take out the larger bits of meal. It tends not to rise as much on its own due to its weak gluten. Great for moist and dense baked goods.
- Storage: Store in an airtight container, in a cool and dark place or in the fridge to maintain optimum freshness.
- Shelf Life: up to 6 months (room temperature) and 1 year (fridge).

Sustainable Premium White Heritage Flour 12.5 Kg

- Made with 100% organic heritage wheat, using the premium part of the grain to be finely ground. It has distinctive flavour with a 12% minimum protein level. It is suitable for breadmaking, pizza bases, and many more.
- Storage: Store in an airtight container, in a cool and dark place or in the freezer to extend its freshness.
- Shelf Life: up to 6 months (room temperature) and 1 year (fridge).

Sustainable Unbleached White Heritage Wheat Flour 12.5 Kg

- It's milled from heritage wheat that was bred and grown before the 1950s. It's unbleached and finely sifted, with a distinctive taste and superior baking properties that are not found in modern wheat flour, resulting in remarkable baked goods.
- Storage: Store in an airtight container, in a cool and dark place or in the freezer to extend its freshness.
- Shelf Life: up to 6 months (room temperature) and 1 year (fridge).

Sustainable Wholewheat Emmer Flour 12.5 Kg

- The grain passes through a stone mill and all of the bran, germ and endosperm is retained. This gives a stronger flavour and retains more nutrients. It is an ingredient that can be used as an alternative flour in many applications such as bread making. Protein: 12%.
- Storage: Store in an airtight container, in a cool and dark place or in the fridge to maintain optimum freshness.
- Shelf Life: up to 6 months (room temperature) and 1 year (fridge).



Sustainable Whole Khorasan Flour 12.5 Kg

- This flour contains all the bran, germ, and endosperm of the Khorasan grain. It has a light brown colour with bran particles in it. This flour will give your dough a distinctive nuttier flavour & great texture. Protein level: 12%.
- Storage: Store in an airtight container, in a cool and dark place or in the fridge to maintain optimum freshness.
- Shelf Life: up to 6 months (room temperature) and 1 year (fridge).

Sustainable White Khorasan Flour 12.5 Kg

- Khorasan Wheat, also known as Kamut is an ancient grain originally from the historical Khorasan region in Asia. This flour is sifted after milling to remove the bran. It has a distinctive nutty flavour and higher protein than wheat flour. Protein: 12%.
- Storage: Store in an airtight container, in a cool and dark place or in the fridge to maintain optimum freshness.
- Shelf Life: up to 6 months (room temperature) and 1 year (fridge).

FLOUR PRODUCT



Wholemeal Flour
3x1 Kg | 12.5 Kg

- It is slightly darker in colour compared to plain white flour because it contains the bran, endosperm, and germ of the whole wheat grain.
- Storage: Store in an airtight container, in a cool and dark place or in the fridge to maintain optimum freshness.
- Shelf Life: up to 3 months (room temperature) and 12 months (fridge or freezer).



Rye Wholemeal Flour
3x1 Kg | 12.5 Kg

- Rye meal flour contains all of the bran, germ and endosperm of the original rye kernel. It promotes moisture and density to your baked goods along with delicious nutty flavour.
- Storage: Store in an airtight container, in a cool and dark place or in the fridge to maintain optimum freshness.
- Shelf Life: up to 12 months (room temperature) and 24 months (fridge).



Self Raising Flour
3x1 Kg

- It includes leavening agents, which ensures perfectly risen baked goods. You don't need to use additional baking powder or baking soda when you use self-raising flour.
- Storage: Store in an airtight container, in a cool and dark place or in the fridge to maintain optimum freshness.
- Shelf Life: up to 3 months (room temperature) and 1 year (fridge).



Spelt Flour
3x1 Kg | 12.5 Kg

- Made from easily digestible ancient grain, that is high in protein and fibre. It has around 14% of protein which are great for many baking recipes. You can make bread, cookies, muffins, waffles, and many more.
- Storage: Store in an airtight container, in a cool and dark place or in the fridge to maintain optimum freshness.
- Shelf Life: up to 3 months (room temperature) and 12 months (fridge or freezer).



Polenta Coarse
3x1 Kg | 20 Kg | 25 Kg

- It is labelled as polenta because the grind of the corn is appropriate to make polenta dish: a coarsely ground yellow cornmeal. It's very versatile and can be prepared in so many different ways.
- Storage: Store in an airtight container, in a cool, dark, and odourless place.
- Shelf Life: up to 12 months (room temperature).



GF White Flour
12.5 Kg | 3x1 Kg

- It is made from a mix of flour that does not contain gluten, such as rice flour, tapioca flour and potato flour. GF White Flour is a suitable substitute to all purpose flour.
- Storage: Store in an airtight container, in a cool and dark place or in the fridge to maintain optimum freshness.
- Shelf Life: up to 6 months (room temperature).



Fine Semolina Flour
3x1 Kg | 12.5 Kg

- Usually made from durum wheat that is finely ground. It is slightly coarse but softer and silkier than semolina flour. It is also high in gluten protein, helps making a less sticky and more elastic dough compared to other flours. That is why it is great for making pasta.
- Storage: Store in an airtight container, in a cool and dark place or in the fridge to maintain optimum freshness.
- Shelf Life: up to 12 months.



Burghul Fine
3x1 Kg | 25 Kg

- With its size and texture, Burghul Fine usually cooks the fastest compared to Burghul Coarse. Usually used in West Asian cuisines, especially Turkish.
- Storage: Store in an airtight container, in a cool, dry and dark place or in the fridge to maintain optimum freshness.
- Shelf Life: up to 12 months.



Burghul Coarse
3x1 Kg | 25 Kg

- Burghul is low in carbs yet high in fibre. Burghul Coarse in on the large side of size, so it takes longer time to cook. Usually needs to be soaked in water first before cooking.
- Storage: Store in an airtight container, in a cool, dry, and dark place or in the fridge to maintain optimum freshness.
- Shelf Life: up to 12 months.



White Bread Crumbs
3x1 Kg

- It is made from bread that has been broken down into even small little bits and then toasted dry. Mainly used for fried dishes. It provides a fine and crispy layer. But it can also be incorporated in making burger patties.
- Storage: Store in an airtight container, in a cool and dark place or in the fridge to maintain optimum freshness.
- Shelf Life: up to 6 months.



Buckwheat Flour
3x1 Kg | 25 Kg

- It is naturally gluten-free yet high in fibre, protein and minerals. It gives a nutty and earthy taste and also a dark colour to your recipes. Usually used for soba noodles, french crepes, and many more.
- Storage: Store in an airtight container, in a cool and dark place or in the fridge to maintain optimum freshness.
- Shelf Life: up to 6 months (room temperature) and 12 months (freezer).



Couscous 3 Kg

- Raw couscous from Morocco, ready to be cooked for any type of meal.
- Storage: Airtight container in a cool, dry, and dark place.



Couscous 25 Kg

- Raw couscous in bigger packaging, perfect for your commercial kitchen needs.
- Storage: Airtight container in a cool, dry, and dark place.

NUTS, PULSES AND SEEDS



Blanched Whole Almonds
3x1 Kg | 11.34 Kg

- Whole almonds with the skin removed by blanching. Can be made into many recipes.
- Storage: Chilled (0°C - 12°C) in airtight container.



Almond Flour Extra Fine
3x1 Kg | 11.34 Kg

- Finely ground blanched almonds. Usually used for macarons and gluten-free desserts.
- Storage: Airtight container in a cool and dry place.



Blanched Sliced Almonds
3x1 Kg | 11.34 Kg

- Blanched almonds that have been sliced, can be used for dish toppings.
- Storage: Chilled (0°C - 12°C) in airtight container.



Whole Natural Almonds
3x1 Kg | 22.68 Kg

- Whole almonds with the skin still intact. Very versatile to be made into limitless recipes.
- Storage: Chilled (0°C - 12°C) in airtight container.



Cashew Nuts
3x1 Kg | 20 Kg

- These raw cashews are especially rich in unsaturated fats.
- Storage: Chilled (0°C - 12°C) in airtight container.



Sunflower Seeds
3x1 Kg | 25 Kg

- Cholesterol free, gluten free, and sodium free yet they are high in fibre, iron and vitamin E & B1.
- Storage: Airtight container in a cool and dry place.



Walnut Halves Grade A
3x1 Kg | 10 Kg

- Grade A: 80% whole halves and 20% pieces.
- Storage: Chilled (0°C - 12°C) in airtight container.



Hazelnuts (Size 13-15 mm)
3x1 Kg | 25 Kg

- Raw hazelnut kernels that can be roasted or toasted.
- Storage: Chilled (0°C - 12°C) in airtight container.



Pistachios
3x1 Kg

- Raw kernels of the pistachio nuts. They have not been roasted or salted.
- Storage: Chilled (0°C - 12°C) in airtight container.

NUTS, PULSES AND SEEDS



Pearl Barley
3x1 Kg | 25 Kg

- They are a nutritious grain and work great as an alternative to rice or pasta.
- Storage: Airtight container in a cool, dry, and dark place.



Pecans
3x1 Kg | 14 Kg

- Pecans have a sweet flavour and can be eaten raw, roasted or added to various recipes.
- Storage: Chilled (0°C - 12°C) in airtight container.



Black Turtle Beans
3x1 Kg | 25 Kg

- They are small in size and has a shiny appearance. Popular in Latin American cuisine.
- Storage: Chilled (0°C - 12°C) in airtight container.



Chickpeas
3x1 Kg | 25 Kg

- Has a mild flavour and can soak up any other flavours from the broth or sauces in the dish.
- Storage: Airtight container in a cool, dry, and dark place.



Couscous
3x1 Kg

- It is a dried and cracked pasta made from semolina. It has a nutty and sweet flavour.
- Storage: Airtight container in a cool, dry, and dark place.



Cannellini Beans
3x1 Kg | 25 Kg

- These beans are mild in flavour, with a light and nutty taste. They have fluffy texture once cooked.
- Storage: Airtight container in a cool, dry, and dark place.



Green Split Peas
3x1 Kg | 22.68 Kg | 25 Kg

- Once cooked, they have a sweet flavour and creamy texture.
- Storage: Airtight container in a cool, dry, and dark place.



Brown Lentils
3x1 Kg | 22.68 Kg | 25 Kg

- Has a mild and earthy taste with subtle aroma. Versatile for various dishes.
- Storage: Airtight container in a cool, dry, and dark place.



White Sesame Seeds
3x500 Gr | 3x1 Kg

- They have a mild, sweet, and nutty flavour and a nice crunch when eaten whole.
- Storage: Airtight container in a cool, dry, and dark place.

NUTS, PULSES AND SEEDS



Pinto Beans
3x1 Kg | 25 Kg

- Has a mild flavour that pairs well with other spices. Once cooked, it has a soft and creamy texture.
- Storage: Airtight container in a cool, dry, and dark place.



Red Kidney Beans
3x1 Kg | 25 Kg

- High in protein with a **sweet and nutty flavour profile**.
- Storage: Airtight container in a cool, dry, and dark place.



Yellow Split Peas
3x1 Kg | 25 Kg

- They taste slightly sweet with soft texture. Best when cooked with assertive flavourings.
- Storage: Airtight container in a cool, dry, and dark place.



Red Split Lentils
3x1 Kg | 25 Kg

- They have an earthy flavour and soft, granular texture when cooked.
- Storage: Airtight container in a cool, dry, and dark place.



Whole Red Lentils
3x1 Kg | 25 Kg

- Whole red lentils take longer to cook than the split ones and will retain their shape better.
- Storage: Airtight container in a cool, dry, and dark place.



Pumpkin Seeds
3x1 Kg | 25 Kg

- They have quite a subtle nutty, earthy and savoury taste with chewy texture.
- Storage: Airtight container in a cool, dry, and dark place.



Organic Black Chia Seeds
3x1 Kg | 25 Kg

- Subtle in taste, making it a great complementary to any sweet and savoury dishes.
- Storage: Chilled (0°C - 12°C) in airtight container.



Psyllium Husk 95%
3x1 Kg | 15 Kg

- A superfood that is commonly used as a dietary supplement since it is high in fibre.
- Storage: Airtight container in a cool, dry, and dark place.



Flaxseed Linseed
3x1 Kg | 25 Kg

- High in fibre and can be eaten whole, ground or pressed to make oil.
- Storage: Airtight container in a cool, dry, and dark place.



Organic Red Quinoa
3x1 Kg | 25 Kg

- Has a richer taste and chewier texture. Usually used for salads because it holds shape better.
- Storage: Airtight container in a cool, dry, and dark place.



Organic White Quinoa
3x1 Kg | 25 Kg

- Has the most subtle taste and lightest (fluffier) in texture compared to other quinoas.
- Storage: Airtight container in a cool, dry, and dark place.



Organic Black Quinoa
3x1 Kg | 25 Kg

- Has a slightly sweeter and earthy taste than white quinoa.
- Storage: Airtight container in a cool, dry, and dark place.



Organic Tricolour Quinoa
3x1 Kg | 25 Kg

- A balance combination between all of the three colours: red, white and black.
- Storage: Airtight container in a cool, dry, and dark place.

DRIED FRUIT & VEGETABLE



Dried Apple Rings
3x1 Kg

- Has a concentrated sweet apple flavour with a slight tart.
- Storage: Airtight container in a cool, dry, and dark place or a freezer.



Dried Raisins
3x1 Kg | 11.34 Kg

- It has a sweet flavour with a soft and juicy texture.
- Storage: Chilled (0°C - 12°C) in an airtight container.



Dried Pineapple Rings
3x1 kg | 20 Kg

- It has a tangy taste with a chewy texture and high in dietary fibres and vitamins.
- Storage: Chilled (0°C - 12°C) in an airtight container or frozen.



Dried Cranberries
3x1 Kg | 11.34 Kg

- Offers a sour cranberry taste with a hint of sweetness.
- Storage: Airtight container in a cool, dry, and dark place or a freezer.



Desiccated Coconut FINE
3x1 Kg | 25 Kg

- Made from finely ground dried coconut flesh. Slightly sweet with a nutty and toasted flavour.
- Storage: Chilled (0°C - 12°C) in an airtight container.



Desiccated Coconut CHIPS
3x1 Kg | 11.34 Kg

- Slightly sweet in flavour and crunchy in texture. Perfect for adding flavour and texture.
- Storage: Airtight container in a cool, dry, and dark place.



Sundried Tomatoes
3x1 Kg | 10 Kg

- Made from ripe tomatoes that lose most of their water content after drying for a long time in the sun.
- Storage: Chilled (0°C - 12°C) in an airtight container.

PRESERVED VEGETABLES



Whole Kalamata Olives
12 Kg | 2 Kg

- Kalamata Olives in brine all the way from Greece. The pits are still intact within the fruit.
- Storage: Airtight container in a cool, dry, and dark place. Refrigerate once opened.



Pitted Kalamata Olives
10 Kg | 2 Kg

- Kalamata Olives in brine with the pits removed, ready to use for any culinary applications.
- Storage: Airtight container in a cool, dry, and dark place. Refrigerate once opened.



Mixed Olives
2 Kg

- A mix of different variations, sizes, and shapes of olives. Including Blonde Kalamata, Manzanilla, Black Kalamata, Arbequina and Leccino olives.
- Storage: Airtight container in a cool, dry, and dark place. Refrigerate once opened.



Mixed Olives
10 Kg

- A blend of whole Blonde Kalamata, Manzanilla, Black Kalamata, Arbequina and Leccino olives.
- Storage: Airtight container in a cool, dry, and dark place. Refrigerate once opened.



Mixed Olives
5 Kg

- Greek Mixed Olives with a combination of of Green, Black, and Kalamata Olives preserved naturally in brine.
- Storage: Airtight container in a cool, dry, and dark place. Refrigerate once opened.



White Vinegar 5 Ltr

- Ready for your kitchen applications in many ways.
- Storage: Airtight container in a cool, dry, and dark place.



Don Marcelo - Extra Virgin Olive Oil | 5 Ltr

- Spanish brand extra virgin olive oil in a tin packaging.
- Storage: Airtight container in a cool, dry, and dark place.



Don Marcelo - Pomace Oil 5 Ltr

- Spanish pomace oil in a tin packaging.
- Storage: Airtight container in a cool, dry, and dark place.



ILIADA - KALAMATA PDO Extra Virgin Olive Oils | 9.5 Ltr

- Extra Virgin Olive Oil from Greece made from Koroneiki olives stored in a very practical aluminium bag packaging.
- Storage: Airtight container in a cool, dry, and dark place.



Mount Zero - ARBEQUINA Extra Virgin Olive Oils | 15L

- Extra Virgin Olive Oil made from 100% cold-pressed Arbequina olives. Packaged in "bag-in-box" for a more efficient kitchen uses.
- Storage: Airtight container in a cool, dry, and dark place.

HERBS, SPICES & SALT



Dried Bay Leaves
3x100 Gr | 10 Kg

- They have a delicate and warm aroma and a less bitter tasting notes than fresh ones.
- Storage: Airtight container in a cool, dry, and dark place.



Dried Basil Leaves
3x150 Gr | 10 Kg

- They have a more concentrated flavor than the fresh leaves, making them taste stronger.
- Storage: Airtight container in a cool, dry, and dark place.



Cayenne Pepper
3x500 Gr | 25 Kg

- It has a mild aroma and a hot tasting profile with a hint of sweetness.
- Storage: Airtight container in a cool, dry, and dark place.



Chili Crushed
3x350 Gr | 25 Kg

- It adds a dash of spiciness and heat to your dish with a mildly fruity taste and aroma.
- Storage: Airtight container in a cool, dry, and dark place.



Chinese Five Spice
3x500 Gr

- A unique blend of cinnamon, cloves, fennel, star anise, and Sichuan peppercorns.
- Storage: Airtight container in a cool, dry, and dark place.



Hot Chili Powder
3x500 Gr | 25 Kg

- It has a smoky aroma and gives your dish a mild to moderate heat. Can be used in many dishes.
- Storage: Airtight container in a cool, dry, and dark place.



Coriander Ground
3x500 Gr

- It has a warm, sweet and nutty fragrance, with citrusy undertone and a mild flavour.
- Storage: Airtight container in a cool, dry, and dark place.



Cumin Ground
3x500 Gr | 25 Kg

- It has a quite pungent flavour, savoury and nutty. It adds aroma and distinct flavour to your dish.
- Storage: Airtight container in a cool, dry, and dark place.



Cumin Seeds
3x500 Gr

- Cumin seeds add an instant depth to any dish, flavour and aroma wise.
- Storage: Airtight container in a cool, dry, and dark place.

HERBS, SPICES & SALT



Oregano Flakes
3x200 Gr | 10 Kg

- It has a strongly aromatic, with a slightly bitter and pungent flavour
- Storage: Airtight container in a cool, dry, and dark place.



Cinnamon Ground
3x500 Gr

- It has a distinctive aroma and a sweet and woody flavour with a warm and spicy notes.
- Storage: Airtight container in a cool, dry, and dark place.



Himalayan Pink Salt
1 Kg

- Its pinkish colour comes from the minerals it contains. Free of additives.
- Storage: Airtight container in a cool, dry, and dark place.



Fennel Seeds
3x400 Gr | 25 Kg

- They give a sweet licorice-like taste and scent to curries, stews, bread, desserts, and beverages.
- Storage: Airtight container in a cool, dry, and dark place.



Garam Masala
3x500 Gr

- It is a spice-blend commonly used in South Asian cooking for curries, stews, and marinades.
- Storage: Airtight container in a cool, dry, and dark place.



Garlic Powder
3x500 Gr | 25 Kg

- Finely ground dried or dehydrated garlic. It has a pungent garlic taste and aroma.
- Storage: Airtight container in a cool, dry, and dark place.



Sumac Powder
3x500 Gr | 25 Kg

- Mainly adds acidity to your dish as it's tangy with a hint of citrus fruitiness.
- Storage: Airtight container in a cool, dry, and dark place.



Turmeric Powder
3x500 Gr

- This spice has a warm and bitter taste. Usually used to add depth and bright colour to your dish.
- Storage: Airtight container in a cool, dry, and dark place.



Thyme Leaves
3x200 Gr | 10 Kg

- Has a distinct smell and flavour that can add a pleasant depth to your dish.
- Storage: Airtight container in a cool, dry, and dark place.

HERBS, SPICES & SALT



Onion Powder
3x500 Gr | 25 Kg

- Finely grounded dried onions. It has a sharp and pungent onion smell and savoury flavour.
- Storage: Airtight container in a cool, dry, and dark place.



Sweet Paprika Ground
3x500 Gr | 20 Kg

- It does not add spicy or heat, but it works well to add a nice red colour to your dish.
- Storage: Airtight container in a cool, dry, and dark place.



Smoked Paprika Ground
3x500 Gr | 25 Kg

- Can add colour, smoky aroma and a slight spicy flavour all at once into your dish.
- Storage: Airtight container in a cool, dry, and dark place..



Cracked Black Pepper
3x500 Gr

- Aside from adding a kick of flavour, it can enhance your dish's visual appeal.
- Storage: Airtight container in a cool, dry, and dark place.



Black Pepper Ground
3x500 Gr | 25 Kg

- It has a sharp, penetrating aroma with a biting hot taste notes.
- Storage: Airtight container in a cool, dry, and dark place.



Black Peppercorns
3x500 Gr | 25 Kg

- Whole black pepper that can be creatively added into your dish.
- Storage: Airtight container in a cool, dry, and dark place.



Dried Rosemary Cut
3x350 Gr | 10 Kg

- It has a pleasant fresh herby aroma and a peppery flavour notes that has a slight bitterness to it.
- Storage: Airtight container in a cool, dry, and dark place.

CEREAL & SNACK



Rolled Oats
3x1 Kg | 25 Kg

- A natural source of fibre and nutrients, perfect for hearty breakfasts and baking.
- Storage: Airtight container in a cool, clean and dry place.



Dijon - Granola
3x750 Gr

- Coated in honey then baked, making the rolled oats, dried fruits & nuts clump together.
- Storage: Airtight container in a cool, clean and dry place.

SUGAR & SYRUP



Caster Sugar
3x1 Kg | 5 Kg

- Ideal for baking, dissolves easily, perfect for delicate desserts, and sweetening beverages.
- Storage: Airtight container in a cool, dry, and dark place.



Icing Sugar
3x1 Kg

- Essential for smooth frosting, glazes, and dusting desserts with a delicate finish.
- Storage: Airtight container in a cool, dry, and dark place.



Coconut Palm Sugar Powder
3x1 Kg

- A natural sweetener derived from palm tree sap, commonly used in Southeast Asian cuisine.
- Storage: Airtight container in a cool, dry, and dark place.



Gendismas - Coconut Palm Sugar | 3x500 Gr

- It's sweet, has a caramel-like flavour. A healthier alternative to refined sugars.
- Storage: Airtight container in a cool, dry, and dark place.



Molasses
1 Kg

- A thick syrup that is commonly used as a sweetener. It is a by-product of the sugar-making process from sugarcane or sugar beets.
- Storage: Airtight container in a cool, dry, and dark place.



Natural Honey
6x440 Gr | 6x710 Gr | 30 Kg

- It doesn't include any added colour, artificial flavour, or synthetic substance.
- Storage: Airtight container in a cool, dry, and dark place.



Sticks Box
10x12 Gr

- Honey in sticks packaging so you can have it easily on the go!
- Storage: Airtight container in a cool, dry, and dark place.



Pure Raw Honey, Super Trigona
350 Gr

- Honey produced by dwarf honey bee (*Apis florea*). Contains high propolis. Great for health.
- Storage: Airtight container in a cool, dry, and dark place.



Pure Raw Honey, Super Grade A
55 Gr | 6x470 Gr | 4x700 Gr | 850 Gr | 1000 Gr

- Raw honey is unfiltered, unheated, unpasteurised.
- Storage: Airtight container in a cool, dry, and dark place.



Honeycomb
6x310 Gr | 2 Kg

- Raw honey with honeycomb included inside to enrich the mineral contents.
- Storage: Airtight container in a cool, dry, and dark place.



Bee Pollen Granule
150 Gr | 500 Gr | 1 Kg

- Bee pollen contains vitamins, minerals, carbohydrates, lipids, and protein.
- Storage: Airtight container in a cool, dry, and dark place.



Pure Raw Honey, Signature Set
Box Mix
6x55 Gr

- 6 jars of specially selected Bali Honey for gifts & souvenirs.
- Storage: Airtight container in a cool, dry, and dark place.

CONDIMENTS



Tahini
6x1 Kg | 1 Kg

- It is a paste made from sesame seeds and is a staple in many cuisines. Vegan and gluten-free.
- Storage: Airtight container in a cool, dry, and dark place.



Hellmann's Real Mayonnaise
3L

- It does not add spicy or heat, but it works well to add a nice red colour to your dish.
- Storage: Airtight container in a cool, dry, and dark place.